

Clark County Behavioral Health Services Children's System of Care

FAMILY IN NEED OF
MENTAL HEALTH CARE



**NOT A
CRISIS
SITUATION**

Family
contacts any of
these agencies
directly for
access to
“**UNIVERSAL**”
mental health
care services.



Children's Center
360-699-2244



**Columbia River
Mental Health Services**
360-993-3003



Children's Home Society
360-695-1325

Agency
seeks
authorization
from County
BHS for a
change in
element of
care.

BHS may authorize child to
TARGETED
services for treatment.

Agencies which provide
targeted services:

- ▶ Columbia River
Mental Health
Services
- ▶ Children's Center
- ▶ Children's Home
Society
- ▶ Family Solutions

BHS may
authorize child for
INTENSIVE
element of
service for
treatment at
Catholic
Community
Services.

**FAMILY
IN CRISIS
SITUATION
NEEDS HELP
RIGHT
AWAY**



Call
**Clark County
Crisis Line**



Toll Free
800-626-8137
360-696-9560

TDD Line
360-696-1925
24 hours a day—7 days a week

Mental health
clinician
answers
immediately



Therapist and family talk through the
problem on the phone to resolution.



Crisis Line contacts Children's
Mobile Crisis.



Therapist refers family to **UNIVERSAL**
service agency for direct family access to
care:

- ▶ Columbia River Mental Health Services
- ▶ Children's Center
- ▶ Children's Home Society

Children's Mobile Crisis
assists family in crisis
IMMEDIATELY by:



▶ Phone
contact



▶ Onsite
help



▶ Meeting
family
somewhere



▶ Going to
Emergency
Room

Children's Mobile
Crisis may refer a
child for
**CRISIS
STABILIZATION,
INTENSIVE OR
HOSPITALIZATION**
as well as
other services.

Definitions

“**UNIVERSAL**” element of mental health care is:

- ▶ Designed as the primary form of mental health assistance purchased by the county for eligible consumers.
- ▶ These are services with **brief to moderate** duration, intensity and linkage with other systems. Their purpose is to address children's transient mental health needs and to assist families in recognizing, understanding and responding to these needs.
- ▶ Services in this element are mostly clinic-based brief therapy (6-12 sessions/average 8 hours).
- ▶ Access services **DIRECTLY** by phoning any provider of universal mental health services,
- ▶ Access to Providers within 10 days.

“**TARGETED**” element of mental health care is:

- ▶ Designed for children and families whose needs cannot be effectively addressed through other services.
- ▶ For eligible multi-system consumers who require services of **moderate to high** duration, intensity, linkage and flexibility in the time and location of service delivery.
- ▶ Services in this element are mostly **community-based** and family focused.
- ▶ Access **ONLY** through **BHS** authorization.
- ▶ Access to Providers within 48 hours

“**INTENSIVE**” element of mental health care is:

- ▶ Designed for eligible children and families who require services of **very high** duration, intensity, linkage and flexibility and may have experienced a recent in-patient psychiatric hospitalization.
- ▶ These children are at risk for out of community placement, have severe emotional disturbance, have **moderate to severe** functional impairment and require **intensive multi-system involvement**.
- ▶ These services include the **Wrap Around Team Model approach**, in addition to other more traditional types of service that are delivered in the community.
- ▶ Access **ONLY** through a **BHS** assessment and authorization.
- ▶ Access to Providers within 24 hours

**IF IN
DANGER
PHONE
911**

Clark County Behavioral Health Services Children's System of Care Provider Contacts



Crisis Calls:

Toll Free..... 800-626-8137
Clark County Crisis Line... 360-696-9560
TDD Line..... 360-696-1925
Immediate Response Contact....**911**

Non-Crisis Calls:

Call any Universal provider for Access:

- ▶ Children's Center
- ▶ Children's Home Society
- ▶ Columbia River Mental Health Services

Complaints:

Call the Quality Manager at each agency, The Clark County Ombuds Office at (360) 694-6577 x 233 or Sela Barker at Clark County Department of Community Services: 360-397-2130 x 7854.

Catholic Community Services

- ♦ ***Intensive Services***
 - ♦ ***Crisis Stabilization Services***
- Don Koenig, Director/Quality.....360-567-2211

Children's Center

- ♦ ***Universal Services***
 - ♦ ***Targeted Services***
- Pat Beckett, Clinical Director/Quality.....360-699-2244

Children's Home Society

- ♦ ***Universal Services***
 - ♦ ***Targeted Services***
- Angela Carlos, Program Manager..... 360-695-1325

Columbia River Mental Health Services

- ♦ ***Universal Services***
 - ♦ ***Targeted Services***
- Access Services.....360-993-3003
David Reed, Clinical Director.....360-993-3000/3197
Trina King, Customer Service Quality Mgr.....360-993-3044

Family Solutions

- ♦ ***Targeted Services***
- Laura Osburn, Director/Quality.....360-695-0115

Parent Support

- ♦ A family representative or agency can request a Parent Partner for assistance in navigating the Children's Mental Health system.
- Dawn Grosz, CSOC.....360-397-2130 x 7876

Clark County Crisis Line Administration

- ♦ ***Phone Triage***
 - ♦ ***Crisis Calls for Children and Adults***
- Rick Gordon, Community Liaison..... 800-422-3768

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THIS CHART AVAILABLE BY INTERNET AT:

<http://www.clark.wa.gov/mental-health/documents/CSOCFlowChart.pdf>